

Ana R. Martinez DDS 1187 Coast Village Road Suite 11 Santa Barbara, CA 93108 805. 617. 0686

www.rivierasmiles.com smiles@rivierasmiles.com

## WHAT TO EXPECT AT YOUR FIRST VISIT

We are thrilled that you have chosen Riviera Smiles to care for your oral health and want to welcome you to our family! Dr. Martinez strives to make Riviera Smiles the most comfortable experience you have ever had in a dental practice.

The cornerstone of this experience is providing a through and comprehensive initial consultation.

Since every patient's dental needs are unique, we start with this comprehensive approach so we can formulate a tailored plan of care.

The typical initial visit consists of the following:

- ✓ Meeting our treatment coordinator and receiving a tour of the office
- ✓ Completion of new patient forms
- ✓ Review of primary dental concerns and past dental history
- ✓ Review of past medical history, as certain conditions have significant bearing on your dental care.
- ✓ Digital-xrays of teeth obtained when needed (x-rays outside six months may be not current for treatment planning)
- √ Head and neck examination
- ✓ Temporo-mandibular joint (TMJ) and masticatory muscles examination
- ✓ Oral cancer screening
- ✓ Tooth-by-tooth examination with a small tooth-brush size intra-oral video camera
- ✓ Fluorescent detection of caries (cavities)
- ✓ Periodontal examination for gum disease
- ✓ Discussion of dental needs and wants to create a directed plan to improve your dental health and smile
- ✓ The visit commonly takes 60 minutes

Many patients desire a dental cleaning at the time of their initial visit. We try to provide this service whenever possible; however, some factors such as medical history or the nature of the cleaning that is required can prevent routine cleaning from being scheduled for the first visit.

We are looking forward to your visit!